



## **Moving Beyond Trauma - Building a Healthy Family**

### **Childhood Trauma and the Path to Recovery**

Tuesday, June 6, 2017, 7-9pm

Understand how early trauma effects the brain and limits child development.

Identify how your child's brain is functioning.

Regulating techniques that help the brain re-organize so your child can gain self-control.

Techniques for helping everyone in the family to become better problem solvers.